
Qachuu Aloom



IMPACT REPORT

2024

**Building food
sovereignty and good
living (Buen Vivir) for
the Maya Achí families**





Mission

Respect Mother Earth with gender equity, promoting agro-ecology and the rescue of native and creole seeds to build food sovereignty and good living for the families in the Achí region.

Vision

To achieve the sustainability of the organization by rescuing the ancestral knowledge for producing and using native and creole seeds for the well-being of families in the communities. So that they can produce their own food and generate income in harmony with Mother Earth.

Values

Cultural Preservation

We rescue and preserve knowledge that is part of our Mayan Achi culture. In order to transmit the knowledge to new generations, we raise awareness through the training of young people about the importance of preserving our cultural practices.

Holistic Health

At Qachuu Aloom, through our practices we promote physical, emotional, and social well-being. Through healthy eating we help with having a healthy body, and we also carry out activities to strengthen our emotional and social needs.



Spirituality

Our ancestors taught us about the connection between our Maya spirituality and mother earth. We honor this through ceremonies, respect for the elements of nature including seeds and all living things. We respect the spiritual beliefs of each person who participates with us. We are guided by the Mayan calendar and the phases of the moon to make decisions that impact our lives, and Mother Earth.

Equity

We give our best effort to achieve our objectives, by overcoming difficulties. We keep in mind our vision and mission as motivation.

Perseverance

In the organization we promote gender and social equity and equality of rights. We believe that both men and women should have the same opportunities and rights.



Solidarity Economy

We promote practices that weave collaboration and creativity to strengthen our local economy.

Respect for Mother Earth

We recognize that Mother Earth is very important because she has a great biodiversity and therefore we must take care of her through our practices.



3,070 indirect beneficiaries
614 direct beneficiaries
32 communities



224 Home Gardens
out of these **119** are **Model Gardens**



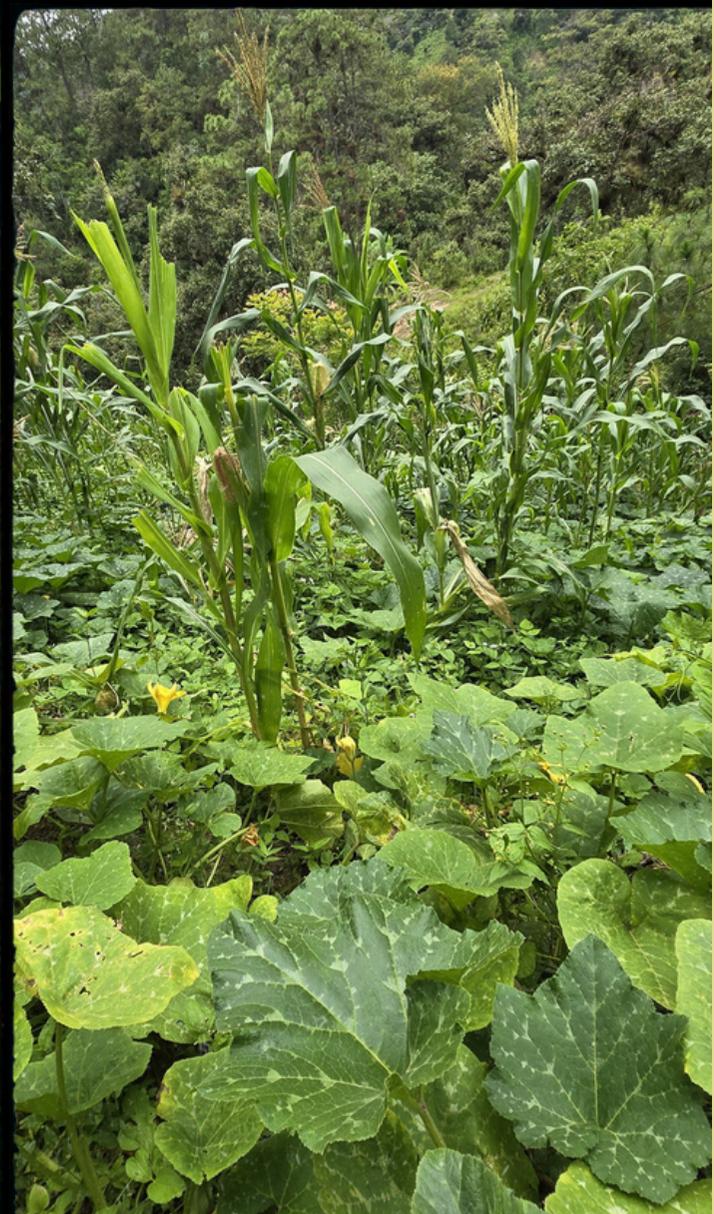
8 SCHOOL GARDENS





129 Milpa Systems

Within this systems we find: corn, beans and squash, but they are complemented with other varieties like: macuy, chipilín, canavalia, gandul. etc.



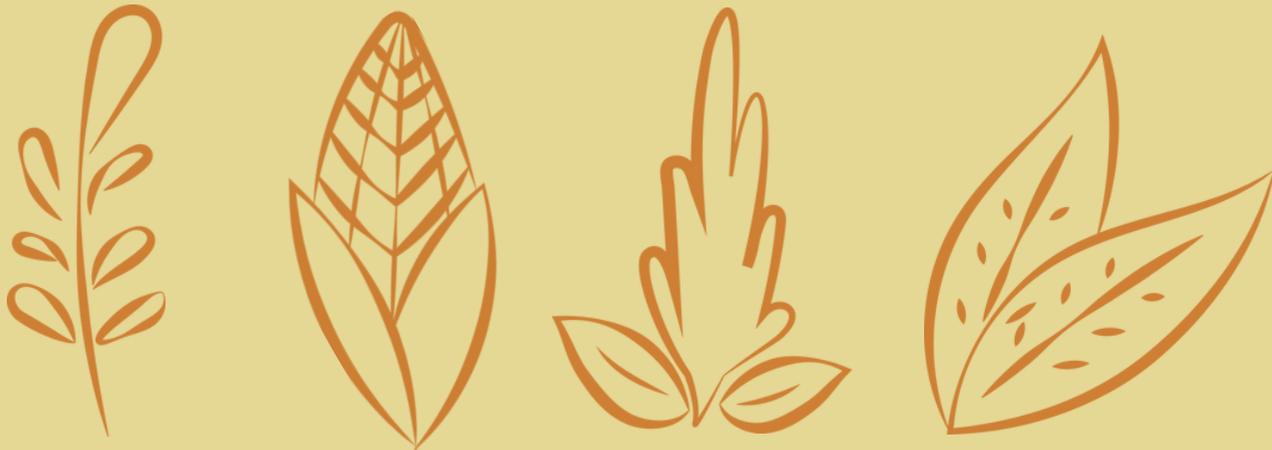
120 NATIVE SEEDS PRODUCERS

This year, we purchased more than 9,500 pounds of native and creole seeds. Through this, we support local women farmers' economy, preserve our native seeds, and share knowledge with other communities.



SEEDS BANKS IN COMMUNITIES

4 seeds banks in the communities of Patzocom, Laguna Patzizjon in Cubulco; Panacal and Nimacabaj in Rabinal.



+50 varieties of native and creole seeds
stored in the main seed bank of Qachuu
Aloom





69 MINI IRRIGATION SYSTEMS WERE INSTALLED IN COMMUNITIES





24 COMMUNITY WATER CATCHMENT SYSTEMS





998 beneficiaries (384 children) were trained in the following subjects:



- Preparation of nutritious recipes, healthy consumption
Gender equality and equity.



- Preparation of tinctures, syrup and ointments made from medicinal plants



- Governance and political training workshops





HOLISTIC HEALTH

18 mother guides strengthened their knowledge in healthy eating, medicinal plants, local governance and political education workshops.

A total of 102 workshops replications were carried out in 18 communities.

STRENGTHENING THE KNOWLEDGE OF MIDWIVES IN THE MAYA-ACHI REGION

Reinforcement in the topics of medicinal plants with 23 midwives.

4 exchanges between midwives were held to strengthen their knowledge in natural medicine.





12 HOMES IMPROVED WITH LATRINES





3,200 pounds of
amaranth seeds
were processed
during 2024



INTER-COMMUNITY MARKETS

Inter community markets are open spaces available to motivate women producers to undertake entrepreneurship. They utilize ancestral gastronomy knowledge while preparing different dishes with the produce from their gardens.



HEALTHY STORES

We have 12 healthy stores within different communities giving affordable prices for products so that families can sell and generate income at home.



NETWORKS

- 🌿 RABINAL DIVERSION NETWORK
- 🌿 REDSAG
- 🌿 AMARANTH NETWORK
- 🌿 KOMONIL NETWORK
- 🌿 MAYA ACHÍ ARTISAN NETWORK MAYA
- 🌿 ACHÍ AGROECOLOGY NETWORK
- 🌿 GROUNDSWELL INTERNATIONAL



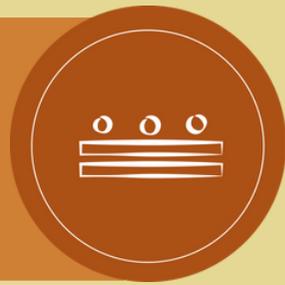


YOUTH ENTREPRENEURSHIP

“We seek to promote entrepreneurship of young people in rural areas, for their social and productive economic development, with a focus on gender and cultural identity.”



Jewelery Making



We have 10 youth making bracelets, earrings, necklaces and key chains.



Bakery



We have 5 young women and 1 young man making amaranth bread. They are young entrepreneurs creating delicacies in the art of bakery.



Weaving



13 young women preserving the legacy of our ancestors through weaving.



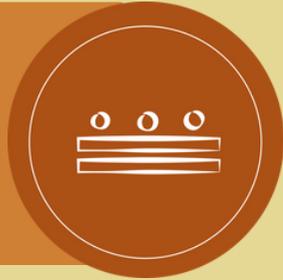
Agroecology



2 young women and 2 young men from the community of El Sauce, Rabinal, participated in the implementation of vegetable gardens, rescuing agroecological practices and native seeds.



Youth communicators



6 young women and 3 young men, are focusing on documenting and sharing the way of live in communities through photographs and videos.



ORGANIZATIONAL ACHIEVEMENTS



Increase in the number of families participating in the communities, total: 614 families in 32 communities



PRODUCTIVE PROJECTS CARRIED OUT BY WOMEN FROM DIFFERENT MAYAN-ACHI COMMUNITIES



1 group of women trained to be food providers in the National School Feeding Program, providing food to 69 children in the community of Panacal de Rabinal, Baja Verapaz.



PRODUCTION PROJECT

Vegetables production project , formed by 6 women and 1 man from the community of Pichec, Rabinal, Baja Verapaz, producing a diversity of herbs by using agroecological practices.



POULTRY PROJECT

6 Women from the community of Panacal, Rabinal, Baja Verapaz, implemented the production of criollo eggs in their farm.



PROCESSING OF MEDICINAL PLANT PRODUCTS

Encouraging the use of medicinal plants by producing tinctures, oils, soaps and creams; 23 midwives produce medicinal products.



ACCESS TO EDUCATION

Currently there are 8 women and 1 man from different communities with financial scholarships to continue their education.

Middle and
highschool students



Funding Partners 2024



GROUNDSWELL FOUNDATION

<https://www.groundswellinternational.org>



VIBRANT VILLEGE FOUNDATION

<https://www.vibrantvillage.org>



JUSTICIA ALIMENTARIA

<https://justiciaalimentaria.org>



DIPUTACIÓN FORAL DE BIZKAIA

<https://www.bizkaia.eus/es>



COMUNIDAD DE MADRID

<https://asociacionicid.org>



ICF (FUNDACIÓN COMUNITARIA INTERNACIONAL)

<https://www.incf.org>



GARDEN'S EDGE

<https://gardensedge.org>